

Remember to Save the Date

2026 ASDF March Seminar



Sensei Eddie Satterfield
Isshin-ryu Karate



Sensei Dan Gilbert
Shunpookan Aikido

AMERICAN SELF-DEFENSE
FEDERATION



武道連盟®



Sensei Bob Noel
Uechi-ryu Karate



Sensei Darren Gilbert
Isshin-ryu Karate



Sensei David Higgins
Uechi-ryu Karate

ISSHIN-RYU KARATE
SELF-DEFENSE
RYUKYU KOBUDO SHIMBUKAN



SHUNPOOKAN AIKIDO
UECHI-RYU KARATE
LARGO MANO ESCRIMA



Sensei Gene Spera
Shunpookan Aikido

Friday & Saturday, March 27 & 28, 2026

North Acres Baptist Church

Knoxville, TN

ASDF Members: \$45.00

Non-ASDF Members: \$55

Children: 1/2 Price (Must be accompanied by and able to train with adults)

The payment portal is open for credit/debit card payments.

<https://myas-df.com/event-registration/>

Friday Night

Registration: 6:00 to 7:00 PM

Open Floor Training: 7:00 to 9:00 PM

Open floor workouts with member instructors. Try something new, get some help with a kata,

Seminar Theme: Thoughts on Blocking vs. Entering

Saturday

Registration: 7:30 to 8:30 AM

Training begins at 8:30 sharp!

Session 1: 8:30 to 9:55

Sensei Eddie Satterfield

7th Dan, Isshin-ryu Karate

Session 2: 10:00 to 11:25

Sensei Dan Gilbert

4th Dan, Shunpookan Aikido

Mini Session 3: 11:30 to 12:15

Sensei David Higgins

2nd Dan, Uechi-ryu Karate

Lunch on your own: 12:15 to 1:15

Session 4: 1:30 to 2:55

Sensei Darren Gilbert

6th Dan, Isshin-ryu Karate

Mini Session 5: 3:00 to 3:45

Sensei Gene Spera

2nd Dan, Shunpookan Aikido

Session 6: 3:50 PM to 5:00

Sensei Bob Noel

6th Dan, Uechi-ryu Karate

Mini Session 7: 5:05 to 5:50

Sensei Megan Gower

2nd Dan, Uechi-ryu Karate

Banquet: A repeat of last year's potluck featuring Sensei Bob Noel, but this year we will try Beef Brisket.

Motels near the North Acres Baptist Church

Comfort Suite East (13 minutes)

4 Stars (about \$80)

7230 Region Lane

Knoxville, TN 37914

(865) 246-2426

Tru by Hilton Knoxville North I75 (14 minutes)

4.5 Stars (about \$140)

5418 Pratt Rd

Knoxville, TN 37912

(865) 862-9862

\Best Western Plus Strawberry Inn & Suites (13 minutes)

3.8 Stars (about \$90)

7260 Saddlerack St

Knoxville, TN 37914

(865) 544-7737

Super 8 by Wyndham Knoxville East (13 minutes)

3.3 Stars (about \$65)

7585 Crosswood Blvd

Knoxville, TN 37924

wyndhamhotels.com